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Erasmus+

ALBA ARRIAZA ALEJO

contributed as youth leader to the Youth Exchange

“MAKING THE UTOPIA A REALITY” ACTIVE FOR A LIVING PLANET

in Tinos island, Aegean Sea, Cyclades archipelago, Greece

from 07/04/2024 to 11/04/2024

About the project

The project functions as a step for the changes that make the up to now utopia for a sustainable planet a reality and the weak involvement with nature a respectful societal and democratic engagement. This because the coming of a environmental dystopia as the consequence of our way of living is the reason why this utopia is likely to come closer to realization than others of the past under condition that primarily the youth will act and reverse the trends leading to a global climate crisis.

The tasks of Alba Arriaza Alejo

The excellence of the leader in this project ensured a nondiscriminatory learning environment as well as the protection and safety of participants. Additionally, the leader contributed to their monitor and support for a qualitative learning process during the main activity by succeeding their personal, socio-educational and professional development but as well during the preparation stage and after the end of the project lifecycle for a sustainable visibility of learning outcomes.

This certificate has been issued by ON HOLD, Non-governmental organization .



“οε αναμονή”

Dimitris Panelis
Legal representative

Electronically signed on 10/05/2024 12:49 by Dimitris Panelis

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LEARNING CONTEXT

Youth Exchanges supported by the Erasmus+ programme offer groups of young people from different countries an opportunity to jointly design, prepare and carry out a non-formal learning programme on a topic of their interest. This usually involves a mix of workshops, debates, role-plays, simulations and outdoor activities. The learning process, which is supported by youth workers and leaders, includes the preparation, implementation and follow-up of the exchange.

COMPETENCES DEVELOPED BY ALBA ARRIAZA ALEJO

The following summary is the result of a reflection and self-assessment process which took place during and after the project.

Facilitating learning

With an excellent presence, the leader encouraged young participants to take the control of peer learning process by supporting them to strengthen further their already skills, knowledge, attitudes and behaviors and develop new ones, as well as to establish a smooth dialogue with the other participants, a challenging exchange of their ideas and analyses and a successful cooperation and admirable interaction among them.

Designing programmes

The leader encouraged the youngsters to discover and express their needs, interests and expectations for a quality life and based on these to design, plan, organize and implement the timetable of the daily activities and take responsibly learning roles and tasks at all the stages of this project, aiming at their personal and socio-educational development and a prosperous and productive future. Thereby, the project provided the needed knowledge and skills according to the initial goals breaking down prejudices and stereotypes and overpassing disabilities, barriers, difficulties and discriminations.

Managing resources

With a rational use of a series of processes and techniques, the leader managed successfully the disposable human and financial resources without waste, causing a high return on learning investment, new knowledge and skills and moral values and succeeding a sustainable use of final learning outcomes. Additionally, due to this leader's excellence, the young participants and the participating partners understood the factors that influence positively the projects at the youth field, such as the choice of the suitable style of learning support and the assessment of the impact on target youth groups, including vulnerable groups, disadvantaged and with fewer opportunities, youth organizations and youth field itself.

The competence description in this Youthpass certificate is based on the Competence Model for Youth Workers to Work Internationally that was created within the framework of the European Training Strategy. Further information about the competence model is available here: <https://www.salto-youth.net/youthworkers-competence-model/>



Collaborating in teams

The leader cooperated smoothly together with the youngsters in teams and guided and supported them towards the project's objectives and expected results. Therefore, the leader achieved an amazing learning outcome, better than what could be achieved by the youngsters separately and at individual level. Particularly, the participants were involved in a series of brainstorming teamworking where they expressed innovative thinking, creativity, imagination, discussed, exchanged their ideas, presented their own analyses thus obtaining new knowledge and skills, building good relations and friendship with their peers, and covering all their learning expectations. The excellence of the leader at this issue means increased ability for cooperation and responsibility at youth field at a broader international level.

Communicating meaningfully

Overall, the leader in this project succeeded for the young participants more with actions than with just words, positive praises, good critical thoughts traded usually between people. Thereby this leader asked open questions, caused their interaction, affirmed the youngsters' abilities and strengths, offered many chances for reflections, meaningful discussions and exchange of ideas with engagement in these conversations as many youngsters as possible. As a result, positive relationships and friendship were built and a constructive handling of emotions, inspiration, intuition, empathy, and youth personalities in general, mainly concerning interests, needs, expectations, plans and dreams for a better life and a qualitative professionally future in the EU but also out of the European borders.

Displaying intercultural sensitivity

The excellent participation of this leader in the project supported and succeeded smooth cooperation, communication and collaboration among all the youngsters, as well the mutual understanding and the integration of the diversities and particularities because of their different cultural origins and backgrounds, life styles, customs, mentalities, attitudes and behaviors. Overall, the leader succeeded the promotion of the sense of co-belonging and coexistence in the same European community, intercultural dialogue and intercultural consciousness.

Networking and advocating

During the diverse stages of the project, this leader showed increased knowledge and qualifications for developing and managing effective and creative partnerships with the rest participating youth organizations. For sure this team leadership model makes easier the building of external relationships and support for any youth team towards a qualitative life and youth work in Europe and beyond, at international level.

Assessing and evaluating

The leader helped and guided participants to daily assess and measure their own learning outcomes and share them with other young people and more youth organizations for an increased sustainability in the future and a bigger benefit for the youth field itself.



Being civically engaged

The leader taught the meaning of civil activating and civic activism and supported young participants to understand better the value and the benefit of a dynamic involvement in society and a substantial presence in democratic rituals. Particularly in the recent years that internet and technology have revolutionized citizens' social and democratic participation and people can use digital tools to communicate with local and state governments, officials and other stakeholders and voice opinions for topics of their interest such as the future of nature and environment.

FURTHER INFORMATION

The following resources provide further context and evidence for the learning process and outcomes of Alba Arriaza Alejo.

- Dimitris Panelis: <https://onhold.gr/>

Alba Arriaza Alejo

Tinos island, Greece, 15/04/2024



PROJECT CONTEXT

PROJECT DETAILS

Below are further details about the project to which Alba Arriaza Alejo contributed.

“Making the utopia a reality” Active for a living planet

Youth Exchange | 07/04/2024–11/04/2024 | in Tinos island, Aegean Sea, Cyclades archipelago, Greece

Main activities: The project enhanced the environmental awareness of participants through teamworking and outdoor activities, visits and improvisations. It provided chances for new knowledge on the use of technology that limits the human impact on earth and developed skills, competences and life stances favoring the environmental sustainability. Therefore, the project highlighted the need, particularly for the young people, to be better engaged in society and involved in relevant democratic and environmental rituals in Europe and beyond. Overall, their engagement in an interactive artistic improvisation with environmental messages as lessons learnt from their participation as well as the creation of a relevant video helped them to better understand that with increased digital skills and improved media literacy they have an unprecedented reach to communicate and motivate a creative and generous civic engagement favoring the future of earth, and that, by sharing their thoughts and actions with digital friends and followers, they can become active players and changes makers for a really living planet.

Main outcomes: Some of the project outcomes are:
Environmental action at all scales, including at home and changes in daily individual consumer behavior.
Engagement for changes in the energy sources (cleaner energy), means of transport (lower emission transports), the food (reduced meat consumption) or clothing (recycling or second-hand clothes).
Socially reinforcement of willful environmental actions that can affect stances and attitudes of others particularly by using digital media.
Empowerment of digital knowledge and presence of the young people at internet and social networking, global digital platforms and initiatives considering that technological connectivity mobilizes population for a sustainable planet and inspires for changes.
The global Covid-19 pandemic, the ongoing refugee crisis, and the Russian war in Ukraine persuaded people to re-evaluate how they are engaged in altruism, solidarity activities and volunteerism. Global climate crisis, biodiversity threat and environmental degradation demand even more of us to be volunteers for making the utopia for a living planet a reality!

Hosting organisation: ON HOLD, Greece, Tinos island

Partners:

1. Anima Scenica aps, ITALY, Grosseto, Tuscany
2. Ecological Manifesto – ManЕco /Екологичен манифест – МанЕко, Bulgaria, Sofia Haskovo, Harmanli
3. Volunteer Center in Lublin/ Stowarzyszenie Centrum Wolontariatu w Lublinie, POLAND, Lublin
4. Asociación Cultural Bidaia, Spain, Madrid, Torres de la Alameda

Further information about the Erasmus+ programme can be found here: <https://ec.europa.eu/programmes/erasmus-plus/>

More information about this project can be found in the Erasmus+ Projects Results Platform:

https://ec.europa.eu/programmes/erasmus-plus/projects_en



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PROJECT CONTEXT

The working language of the project was English.